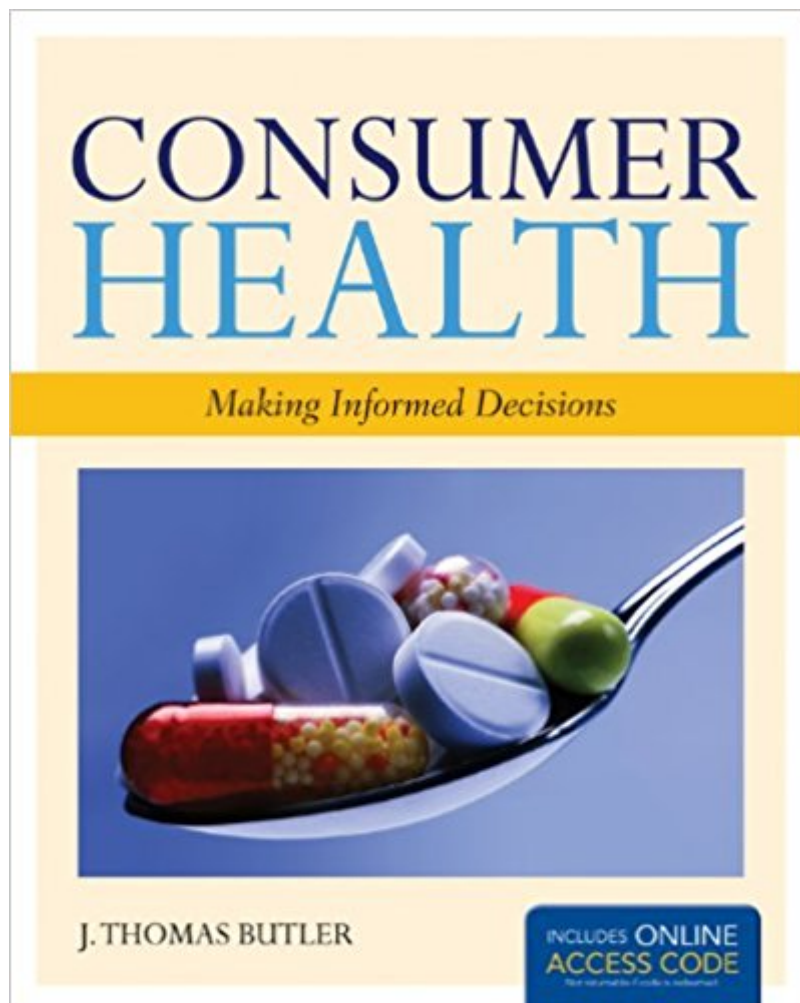




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Consumer Health: Making Informed Decisions



Synopsis

Consumer Health: Making Informed Decisions is a concise, current text with the most up-to-date information about health care reform and insurance. It is devoted to the most important issues relative to consumer health issues, including advertising, dietary supplements, herbal remedies, weight management, and medications. There are in-depth analyses of the American health care system, insurance options, and consumer protection. The text also takes a critical look at complementary and alternative therapies. Throughout the text, there are guidelines for making decisions that can benefit the individual. A comprehensive list of learning objectives precede each chapter and a list of study questions conclude each chapter. The questions are designed to help the student summarize the major points of the chapter, prepare for exams, and critically analyze the material contained in the chapters. Instructor Resources: PowerPoint Presentations

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This book is easy to understand and follow along with. The book covers topics about diet fads, health insurance, dietary supplements, and many more. This book has made my Consumer Health course much easier.

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A+

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